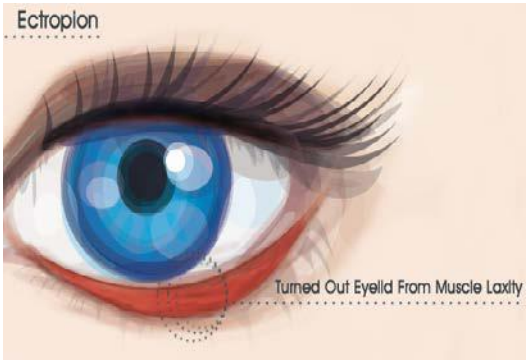
FRASER VALLEY
CATARACT & LASER

Ectropion

What is an Ectropion?

Ectropion is a condition in which the lower eyelid turns outwards. The primary caused is the muscle weakening or tissue relaxation that occurs as part of the normal aging process. Other triggers are: stroke, skin cancer, injury, scar tissue, growths on eyelids, birth defects, Bell's Palsy/facial paralysis, surgery or radiation treatment of the eyelids and rapid/significant weightloss.



How is an Ectropion corrected?

A surgical procedure is performed where the surgeon usually removes part of the lower eyelid and requires stitches below the eyelid or on the outside corner of your eye.

Day of Surgery: Please do not wear make up to the appointment. Please bring a driver. No Need to stop aspirin or other blood thinners. You can eat and drink as normal.

After Surgery: Bruising (black/blue) and tenderness is normal around the eye area. Sutures will dissolve on their own within about 2 weeks. Do not rub eyes and be gentle when cleansing avoiding the incision site. Tylenol or Advil is recommended for discomfort. Ice is recommended to be used to reduce swelling but always put a cloth over the ice pack so that it does not stick to your skin. No driving for the first 24 hours. Resume with normal activities/work with own discretion. A Prescription will be given for the appropriate antibiotic ointment, please be very careful when applying the ointment and do not rub the incision. Please call our office if you have any questions or concerns. You will follow up with our office 3-4 weeks after your surgery to ensure proper healing If we are closed and you feel this is an emergency, please see your family physician or walk-in clinic or the nearest emergency department.