

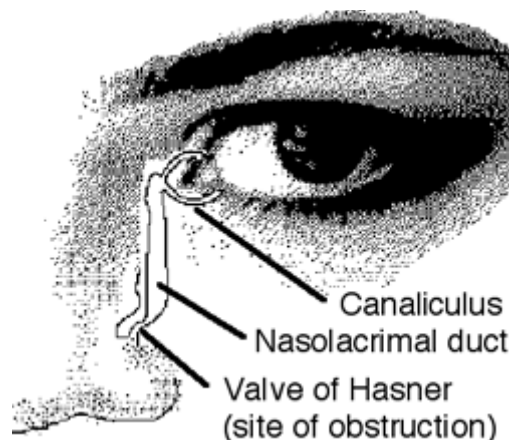
3 Snip Punctoplasty

What is a 3 Snip Punctoplasty?

A 3 Snip Punctoplasty is performed to widen the punctal opening (tear duct) and to improve the drainage of tears.

Punctal stenosis, which is an abnormal narrowing of the lacrimal punctum, oftentimes caused by inflammation and resulting in excessive tearing is the main reason to perform this surgery. One or both eyes can be affected.

A local anesthesia is used by a small injection right beside the blocked tear duct, the surgeon then makes 3 small “snips” to create a larger punctal opening.



Day of Surgery: Please do not wear eye make up to the appointment and ensure you have a driver with you. No need to stop Aspirin or blood thinners. You can eat and drink as per normal.

After Surgery: Pinkish color in tears is normal for the first few days. You are able to resume normal activities within the same day of your procedure. A prescription will be given for the appropriate antibiotic drops or ointment. Please call our office if you have any questions or concerns. If we are closed, and you feel it is an emergency please see your family physician, walk-in clinic or nearest emergency department.